



## FOR HER AGENCY & EMPOWERMENT

READ STELLA'S STORY:

<http://bit.ly/commonthreads0319>

Removed from the classroom. Rejected from her community. Refused the opportunity to start her own business.

When we learned women routinely endure this treatment because of the stigma around menstruation, we resolved to support them as they overcome these hurdles.

That's how we here at Operation Smile launched our Dignity Project.

With the support of our partners -- The Nourish Collective, Days for Girls, and Sew Dignified - Operation Smile will dispatch undergraduate student volunteers to four medical mission sites in 2020, where they'll facilitate women's health care workshops.

During each workshop, women and girls will receive a kit complete their own reusable pads and everything needed to care for it.



## PROJECT DETAILS:

WHERE & WHEN: The team will serve at these medical missions:

- Ghana, April 16-27
- Peru, May 14-22
- Madagascar, June 5-12
- Malawi, June 11-20

COST: The team is fundraising to pay for kits, which cost about \$10 apiece. Each student will pay \$1,500 to cover traveling costs.

SUPPORT: Please consider making a donation at [www.operationsmile.org/dignityproject](http://www.operationsmile.org/dignityproject)

## RAISING THE BAR: STUDENTS AIM TO TEACH SOAPMAKING

Using the Days for Girls curriculum, Melissa and Angie of The Nourish Collective taught the Dignity students how to help women better understand their periods. Melissa, a nurse and Operation Smile volunteer, even showed the students how to make soap.

Soap is packed into each kit, but the team hopes to teach this skill during workshops so women can make their own – and make a business out of it!

